SOUTHERN HEADACHE SOCIETY
6th ANNUAL SCIENTIFIC MEETING
SEPTEMBER 24-25, 2016

Registration Information:
828-257-4475
Mail: MAHEC Registration
31 Woodfin Street, Asheville, NC 28801
www.mahec.net

EARLY REGISTRATION DEADLINE: AUGUST 23, 2016

REGISTRATION FEES received August 24 - September 22, 2016

Main Conference fees are increased $50 over Early Registration fees. Register by August 23rd to get the best rate!

PRECONFERENCE  SEPTEMBER 23, 2016

$95 per person for MD/DO
$179 per person for PhD, RNP/PA and other health professionals

MAIN CONFERENCE SEPTEMBER 24-25, 2016

For Southern Headache Society Paid Members:
$279 per person for MD/DO
$179 per person for PhD, RNP/PA and other health professionals

For Non-members:
$379 per person for MD/DO
$279 per person for PhD, RNP/PA and other health professionals

Registration fee includes administrative costs, educational materials and breakfast (Saturday and Sunday).

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (tax, mail, or email). Substitutes can be accommodated in advance of the program.

CONFERENCE VENUE AND LODGING

Renaissance Hotel
31 Woodfin Street, Asheville, NC 28801
(828) 252-8211
www.renaissanceasheville.com/

The conference will be held at the Renaissance Hotel Asheville, one of the premier Asheville hotels nestled in the beautiful Great Smoky Mountains. We are proud to offer deluxe accommodations, featuring complimentary wireless Internet, dog-friendly rooms, a sparkling indoor pool, and much more!

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The hotel is conveniently located in the heart of Downtown Asheville, close to many local attractions and exciting Asheville events. Discover the local flavor of Asheville, a unique town offering everything from local breweries to world class museums to adventurous outdoor activities.

A room block with a special rate has not been negotiated for this conference. Group Room Rate: 9-23 and 9-24, 2016: Deluxe Room, Single: $204.00 per night.

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Please select a track:

- GENERAL NEUROLOGY PROCEDURE TRACK
- HEADACHE SPECIALIST TRACK
- BEHAVIORAL MEDICINE TRACK
- MIGRAINE TRACK
-行为医学

To join Southern Headache Society, go to SouthernHeadache.org

Have a question?
Program Director:
Elaine Alexander, MSN, RNC-OB
elaine.alexander@mahec.net
828-257-4414

Registration Information:
828-257-4475
www.mahec.net

Mail: MAHEC Registration
121 Hendersonville Rd., Asheville, NC 28803

Fax to 828-257-4768

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KEYNOTE SPEAKER
Peter Goadsby, MD, PhD
Professor of Neurology
King’s College London
Director, NIHR-Wellcome Trust
Clinical Research Facility, King’s College Hospital, London, UK
Professor of Neurology
University of California, San Francisco

TWO-DAY CONFERENCE
Saturday and Sunday
September 24-25, 2016
Renaissance Hotel Asheville | Asheville NC

3 tracks to customize your conference:

- General Neurology: Procedures and Tools
- Headache Specialist
- General Neurology: Procedures and Tools
To join Southern Headache Society, go to SouthernHeadache.org

MAIN CONFERENCE FEES -- SEPTEMBER 24-25, 2016

$79 per person for PhD, RNP/PA and other health professionals

$99 per person for MD/DO

PRECONFERENCE FEES -- SEPTEMBER 23, 2016

Program: 1:00 PM - 4:15 PM

AUDIENCE

CONFERENCE AT A GLANCE

ranged in three educational tracks—General Neurology Procedure Track, Headache headache, supplemented by basic science lectures of interest to the clinician ar

The curriculum is intended for participants with advanced knowledge of Headache

6th Annual Scientific Meeting will focus on recent advances in the field of Headache

Objective: Describe key aspects of enlightenment

enlightenment, by discussing his findings of online

and scientific look at how enlightenment experiences

Join the Southern Headache Society in a fascinating

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Basic science research leaders understand, while clinical research potentially offers clinicians new tools or approaches for the treatment of headache patients. Drawing from both scientific and clinical research, The Southern Headache Society 6th Annual Scientific Meeting will focus on recent advances in the field of Headache Medicine, as well as areas of interest including a review of treatments for advanced treatment of headache patients.

The curriculum is intended for participants with advanced knowledge of Headache Medicine, as well as those with more fundamental knowledge. The focus of the meeting is on clinical topics such as migraine therapies and neurologic aspects of headache, supplemented by basic science lectures of interest to the clinician arranged in three educational tracks—General Neurology Procedure Track, Headache Specialist Track, and Behavioral Medicine Track.

AUDIENCE

Physicians (MD, DO), Pts, RNPs, PAs and Psychologists

PRECONFERENCE Friday, September 23rd

How Enlightenment Changes Your Brain

Join the Southern Headache Society and learn about the latest clinical and scientific look at how enlightenment experiences change the brain. Dr. Andrew Newberg takes a non-religious and non-spiritual approach to the concept of enlightenment, by discussing his findings of online surveys and MRI brain scans of people who have reported enlightenment experiences.

Objective: Describe key aspects of enlightenment experiences and how it impacts treatment outcomes

12:30-1:00 PM Registration and Speaker Introduction

1:00-1:15 PM Neurosciences: What Does Enlightenment Look Like?

1:15-2:45 PM Specific Practices Which Enhance the Neuroplasticity Related to Enlightenment

2:30-3:45 PM What Do Practices that Can Lead to Enlightenment Offer the Medical Practitioners?

3:30-4:15 PM Exercises and Discussion Related to Enlightenment to Gain Greater Emotional Control of Your Mind

CONFERENCE OBJECTIVES

At the conclusion of this program, providers/clinicians will be able to:

• Select innovative therapies, medications, and procedures for the treatment of headache, migraine and TBI patients

• Perform specific interventional techniques with headache patients in their office setting

• Incorporate 2015’s latest, evidence-based headache literature into their daily practices

• Utilize appropriate behavioral interventions when interacting with patient’s experience of headache, migraine or TBI

KEYNOTE SPEAKER: Peter Goadsby, MD, PhD

Dr. Goadsby obtained his basic medical degree and training at the University of New South Wales, Australia. His neurology training was done under the supervision of Professor James W. Lynch in Sydney. After post-doctoral work in New York with Drs. Reis at Cornell, and Jacques Seyler at University Vilnius, Paris, and post-doctoral neurology training at Queen Square in London with the Professors C. David Marston, Andrew Less, Anita Harding and W. Ian MacDonald. He returned to the University of New South Wales, and the Prince of Wales Hospital, Sydney as a consultant neurologist and was promoted to Associate Professor of Neurology. He was appointed a Wellcome Senior Research Fellow at the Institute of Neurology, University College London, and was Professor of Clinical Neurology and Honorary Consultant Neurologist at the National Hospital for Neurology and Neurosurgery, Queen Square, London. He is now Professor of Neurology in the Department of Neurology, University of California, San Francisco and remains honorary Consultant Neurologist at the Hospital for Sick Children, Great Ormond Street, London.

His major research interests are in the basic mechanisms of head pain in both experimental settings and in the clinical context of headache management. The work of the Headache Group includes human imaging and electrophysiological studies in primary headache, as well as experimental studies of trigeminocervical nociception. The aim is to understand what parts of the brain drive and modulate headache syndromes, and how those might be modified by treatment.

MEDICAL COURSE DIRECTOR

Mark Meadors, MD

SPEAKERS

Randolph Evans, MD

Cheryl Pollock, MD

Bert B. Vargas, MD

B. HEADACHE SPECIALIST TRACK – SESSION 1

Advanced Clinical Pearls and Lessons from the Listby

Bert Vargas, MD

Dr. Goadsby discussed his findings of online surveys and MRI brain scans of people who have reported enlightenment experiences.

Objective: Describe key aspects of enlightenment experiences and how it impacts treatment outcomes

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